

## **GeneFo announces release of the 2018 complete guide to the clinical effects of medical cannabis on Fibromyalgia symptoms, and how patients can legally get access in their state**

A growing number of studies, while not entirely conclusive, reveal the positive effects of medical cannabis on various Parkinson's symptoms: The National Pain Foundation conducted a survey in 2014 of over 1,300 Fibromyalgia patients. Remarkably, 62% reported cannabis as "very effective" in treating their symptoms. In another double-blind, placebo-controlled randomized, controlled trial of synthetic cannabinoids researchers concluded it was a "beneficial, well-tolerated treatment option" that could be a viable adjunct to other pain-reducing therapies. Additional studies also found improvement in mood, which also contributes to improving quality of life in Fibromyalgia.

Although cannabis remains federally illegal in the United States, many states have legalized cannabis for valid medical purposes. With the recommendation of a local physician, a qualified patient (through a qualifying condition or qualifying symptoms) can obtain a medical marijuana card or authorization to visit dispensaries and purchase medical marijuana products.

As of March 2018, 4 states (and a fifth pending) list Fibromyalgia as a qualified condition. An additional 23 states who don't list Fibromyalgia as a qualifying condition per se, do list chronic pain as a qualifying symptoms that may very well align with Fibromyalgia.

"The growing number of states that qualify Fibromyalgia or its symptoms for the medical use of Cannabis is great news for patients", says Neer Ziskind, CEO of GeneFo<sup>1</sup>, a platform of free Fibromyalgia resources and clinical trial matching, "However, the process of getting a card approval is not smooth in most states, and requires gathering information and documents, clinical certifications, and administrative forms. To assist patients and caregivers that don't always have the time or energy, we put together a comprehensive state-by-state guide, updated to March 2018, with relevant information on patient rights, application checklist, FAQ's, crucial links and forms to download, important tips on how you should prepare for your doctor's visit, and lists of MMJ doctor near you. In States where Fibromyalgia is not considered a qualifying condition, the guide also reviews best practices on basing your application on qualifying symptoms such as pain. We trust that this free resource will help more Fibromyalgia patients secure an additional therapeutic avenue and improve their daily living."

Click here to get the full guide: [tinyurl.com/MMJ-Card-for-Fibromyalgia](http://tinyurl.com/MMJ-Card-for-Fibromyalgia)

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<sup>1</sup> Please use this URL to hyperlink to GeneFo: [tinyurl.com/MMJ-Card-for-Fibromyalgia](http://tinyurl.com/MMJ-Card-for-Fibromyalgia)